

PHARMACEUTICAL COMBINATIONS

This application claims the benefit of U.S. Provisional Patent Application No. 60/181,310 filed February 9, 2000, incorporated herein by reference in its entirety.

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FIELD OF THE INVENTION

This invention relates to pharmaceutical combinations suitable for treating the lower urinary tract symptoms (LUTS) associated with benign prostatic hyperplasia (BPH) in men, which combinations contain an alpha-adrenoceptor antagonist and a 10 muscarinic antagonist. The combinations of the invention are particularly suitable for treating moderate or severe LUTS.

BACKGROUND

BPH is a progressive, nearly universal condition in aging men characterized 15 by a nodular enlargement of prostatic tissue resulting, through obstruction of the urethra, in variable degrees of bladder outlet obstruction. The disorder is not a major cause of death, but it is a leading cause of morbidity in elderly men and is associated with a variety of lower urinary tract symptoms. LUTS in males include, *inter alia*, increased frequency of urination, nocturia, a poor urine stream and hesitancy or delay 20 in starting the urine flow. Chronic consequences of BPH can include hypertrophy of bladder smooth muscle, a decompensated bladder and an increased incidence of urinary tract infection. The specific biochemical, histological and pharmacological properties of the prostate adenoma leading to the bladder outlet obstruction are not yet known. However, the development of BPH is considered to be an inescapable 25 phenomenon for the aging male population. BPH is commonly seen in men over the age of 50 and is observed in approximately 70% of males over the age of 70. Currently, in the United States, the method of choice for treating BPH is the administration of alpha₁-adrenoceptor antagonists and, to a lesser extent, surgery, usually involving transurethral resection of the prostate (TURP). The limitations of 30 surgery for treating BPH include the morbidity associated with an operative procedure in elderly men, persistence or recurrence of obstructive and irritative symptoms, as

well as the significant cost of surgery. In general, alpha₁- adrenoceptor antagonists are used only in the treatment of patients with mild or moderate LUTS.

LUTS are recognized as arising from changes in urethral resistance induced by the enlarging prostate; the outflow of urine is restricted and secondary changes are induced in the bladder. A characteristic pattern of unstable bladder contractions, also known as irritable bladder, is often observed in men with morphological BPH.

Although LUTS can arise from many causes, abnormally high activity in the sympathetic nervous system is considered a prime determinant. Noradrenaline, a neurotransmitter released from sympathetic nerve terminals, contracts the prostatic smooth muscle that surrounds the urethra, increases urethral resistance and thereby reduces uroflow.

Alpha-adrenergic receptors (herein also referred to as "alpha-adrenoceptors" or as "alpha-receptors") are specific protein recognition sites loaded in the peripheral and central nervous systems and other tissues throughout the body.

Neurotransmitters, such as noradrenaline, control many physiological processes via an action on these receptors and thereby transmit information between cells or influence cells or influence biochemical processes within the cell. Many agents capable of modifying noradrenaline activity on alpha-adrenoceptors have been developed over the last 40 years. Drugs active at alpha-adrenoceptors can be broken down into two major classes, agonists and antagonists. Agonists, of which phenylephrine and methoxamine are examples, activate the receptor system in the same way as the endogenous neurotransmitters, adrenaline and noradrenaline. Antagonists, of which phenoxybenzamine and prazosin are examples, do not activate the receptor, but block the actions of the endogenous neurotransmitters.

Different alpha-adrenoceptor types have been discovered over the years including alpha₁-adrenoceptors and alpha₂-adrenoceptors. These receptor types are now considered to be subdivided further into subtypes including alpha_{1A}, _{1B}, _{1D}, _{1H}, _{1L} and _{1N}.

Alpha₁-adrenoceptors are known to mediate the contraction of vascular (arterial and venous) and prostatic smooth muscle. Alpha₁-adrenoceptor antagonists have been widely used as first line therapy for the treatment of hypertension and, more recently, for the symptomatic relief of BPH (see Kenny *et al*, Expert Opin in Invest Drugs, 1995, 4, 915-923).

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Alpha-adrenoceptor antagonists are known to relieve the obstruction by causing relaxation of the prostate smooth muscle, a decrease in urethral resistance and increased uroflow. As a result of these changes, male patients with the clinical symptoms of mild-moderate BPH experience a moderate improvement in symptoms.

- 5 The magnitude of the effect is considerably less than that achieved after surgery.

LUTS, although traditionally associated with BPH, can be found in both men and women. It is noted that women, although they of course do not develop morphological BPH, also suffer due to unstable bladder contractions. The clinical symptoms, particularly frequency and urgency, are similar in women and men.

- 10 Bladder excitability is under control of the parasympathetic nervous system that releases the neurotransmitter acetylcholine. Acetylcholine acts on protein recognition sites in the bladder called antimuscarinic receptors, producing an increase in electrical excitability of the bladder and concentration of bladder muscle. Unstable bladder is known to arise due to abnormal excitability or contractility.

- 15 Drugs active at muscarinic receptors can be broken into two major classes, agonists and antagonists. Agonists activate the receptor system in the same way as the endogenous neurotransmitter acetylcholine. Muscarinic antagonists (herein referred to as "antimuscarinics", of which atropine and hyoscine are examples) do not activate the receptor, but block the actions of the endogenous transmitter. Different 20 muscarinic receptor types have been discovered over the years including M₁, M₂ and M₃.

- Antimuscarinic agents are known to relieve many of the symptoms arising from unstable or irritable bladder in women experiencing urinary urge incontinence. The combination of Hyoscyamine and Doxazosin has also been found to be 25 efficacious in treating these symptoms in women (see, e.g., Serels, S., et al., *Neurology and Urodynamics*, 17, 31-36 (1998)). However, in normal circumstances, the LUTS arising from BPH-induced unstable bladder contractions in men, should not be treated with antimuscarinics. Indeed the use of antimuscarinics in the treatment of LUTS in men with BPH is contraindicated as urinary retention, 30 requiring catheterization or surgery, may result (see, M. Caine, et al., *Br. J. Urol.*, 47(2), 193-202 (1975))

SUMMARY

The present invention provides a combination of an alpha-adrenoceptor antagonist and a muscarinic antagonist for use as a medicament. In particular, it teaches the use of an alpha-adrenoceptor antagonist in combination with a 5 muscarinic antagonist in the manufacture of a medicament for treating the lower urinary tract symptoms associated with benign hyperplasia in mammals. In one embodiment, the medicament (or product) includes a first pharmaceutically acceptable composition containing an alpha-adrenoceptor antagonist and a second pharmaceutically acceptable composition containing a muscarinic antagonist wherein 10 the product is a combined preparation for simultaneous, separate or sequential use of the first composition and the second composition.

In another embodiment of the present invention, a pharmaceutical composition is provided which comprises an alpha-adrenoceptor antagonist, a muscarinic antagonist and a pharmaceutically acceptable carrier. The composition 15 may be used in the treatment of lower urinary tract symptoms associated with benign hyperplasia in mammals.

In yet another embodiment of the present invention, a method of treating the lower urinary tract symptoms associated with benign prostatic hyperplasia is provided which includes administering to a subject (or mammal) in need thereof an effective 20 amount of an alpha-adrenoceptor antagonist in combination with a muscarinic antagonist. The combination may be administered separately, simultaneously or sequentially.

DETAILED DESCRIPTION

Reference to an alpha-adrenoceptor antagonist and/or to a muscarinic antagonist, both in this disclosure and the appendant claims, shall at all times be understood to include all active forms of such agents, including the free form thereof (e.g. the free and/or base form) and also all pharmaceutically acceptable salts, polymorphs, hydrates, silicates, stereo-isomers, (e.g. diastereoisomers and 25 enantiomers) and so forth. Active metabolites of either the alpha-adrenoceptor antagonist or the muscarinic antagonist, in any form, are also included.

The alpha-adrenoceptor antagonist can be selective for alpha₁-adrenoceptors or it can be non-selective, exhibiting antagonist activity at both the alpha₁ and alpha₂ receptors. Antagonists selective for the alpha₁-adrenoceptor are preferred. In the

context of the known alpha₁-adrenoceptor subtypes, antagonists at 1A, 1B, 1D, 1H, 1N and 1L are equally preferred.

Suitable alpha₁-adrenoceptor antagonists include 4-amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-pyridyl)quinazoline (as described in example 19 of WO 98/30560), alfuzosin, indoramin, mafstopidil, tamsulosin, doxazosin, terazosin, abanoquil, prazosin and pharmaceutically acceptable salts thereof. Preferred alpha₁-adrenoceptor antagonists include 4-amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-pyridyl)quinazoline, doxazosin, terazosin, indoramin, abanoquil, and prazosin, and the pharmaceutically acceptable salts thereof (especially doxazosin mesylate, terazosin hydrochloride, abanoquil mesylate and prazosin hydrochloride)

Further alpha-adrenoceptor antagonists which are reported to be selective for the alpha₁ receptor include: Recordati 15/2739, SNAP 1069, SNAP 5089, RS 17053 and SL 89.0591 (Kenny, et al., *Expert Opin in Invest Drugs*, 4, 915-923 (1995)).

Suitable non-selective alpha-adrenoceptor antagonists include phentolamine, trazodone, dapiprazole and phenoxybenzamine.

The alpha-adrenoceptor antagonists useful in this invention may be widely chosen from among those already known to the art or subsequently discovered and/or hereafter discovered and/or hereafter developed. In addition to those specifically identified above, alpha-antagonists and salts thereof have been widely disclosed in the patent literature, including US Patent Nos. 5,599,810; 5,340,814; 5,508,279; 4,755,507; 4,188,390; 4,026,894; 3,511,836; 4,315,007; 3,527,761; 3,997,666; 2,503,059; 4,703,063; 3,381,009; 4,252,721 and 2,599,000, each of which is incorporated herein by reference.

The alpha-adrenoceptor antagonism of a compound, and therefore its suitability for use in the present invention, can be determined using a number of conventional assays *in vitro*. Suitable assays include those disclosed in U.S. Patent No. 5,599,810 which uses rabbit aorta to determine alpha₁-adrenoceptor antagonist activity and U.S. Patent No. 5,340,814 which employ rat brain cortex to determine antagonist activity. Both of these patents are incorporated herein by reference.

The muscarinic antagonist can be selective for M₃ receptors or it can be non-selective, exhibiting antagonism at M₁, M₂ and M₃. Antagonists selective for the M₃ receptor are preferred.

Suitable M₃ receptor selective muscarinic antagonists are darifenacin and pharmaceutically acceptable salts thereof.

Suitable non-selective muscarinic antagonists include atropine, fluvoxate, hyoscine, oxybutynin, tolterodine, propantheline, propiverine, trospium and the pharmaceutically acceptable salts thereof.

5 Of the foregoing, darifenacin, tolterodine and oxybutynin and pharmaceutically acceptable salts thereof are especially preferred, particularly darifenacin citrate.

The muscarinic antagonists useful in this invention may be widely chosen
10 from among those already known to the art or subsequently discovered and/or hereafter discovered and/or hereafter developed. In addition to those specifically identified above, pyrrolidine antimuscarinic antagonists have been disclosed in the patent literature, including U.S. Patent Nos. 5,233,053 and 5,096,890, both of which are incorporated herein by reference.

15 The muscarinic antagonist activity of a compound, and therefore its suitability for use in the present invention, can be determined using a number of conventional assays *in vitro* (see, Wallis and Napier, *Life Sci*, **64**, 395-401, (1997)).

A suitable combination is a muscarinic antagonist and a non-selective alpha-adrenoceptor antagonist.

20 Preferred combinations are a muscarinic antagonist with a selective alpha₁-adrenoceptor antagonist and a non-selective alpha-antagonist with a muscarinic antagonist that is selective for the M₃ receptor.

A more preferred combination is a selective alpha₁-adrenoceptor antagonist and a muscarinic antagonist that is selective for the M₃ receptor subtype. The most preferred is the combination of any alpha-adrenoceptor antagonist with darifenacin.

Preferred specific combinations include doxazosin with darifenacin; 4-amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-pyridyl)quinazoline and darifenacin; and pharmaceutically acceptable salts thereof.

30 Administering both therapeutic agents produces an effect that is greater than that of the alpha-adrenoceptor antagonist administered alone. This is advantageous in that it allows for a smaller amount of the alpha-adrenoceptor antagonist to be administered to provide a therapeutic effect. A further advantage is that therapy can be effected for patients who, for example, do not respond adequately to the use of

the alpha-adrenoceptor antagonist at what would be considered a maximal strength dose.

According to one aspect of the present invention, there is provided a product (medicament) comprising a first pharmaceutically acceptable composition containing 5 an alpha-adrenoceptor antagonist and a second pharmaceutically acceptable composition containing a muscarinic antagonist for use as a combined preparation for simultaneous, separate or sequential use in treating the lower urinary tract symptoms associated with benign hyperplasia in mammals.

In one embodiment, the alpha-adrenoceptor antagonist in the first 10 composition is non-selective. Preferably the alpha-adrenoceptor antagonist in the first composition is selective for α_1 receptors. More preferably the alpha₁-adrenoceptor antagonist in the first composition is selected from 4-amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-pyridyl)quinalzoline, doxazosin, tetrazosin, abanoquil, prazosin and indoramin and 15 pharmaceutically acceptable salts thereof.

The muscarinic antagonist in the second composition may be non-selective. Preferably the muscarinic antagonist in the second composition is selected from darifenacin, tolterodine and oxybutynin and pharmaceutically acceptable salts thereof. More preferably the muscarinic antagonist in the second composition is 20 selective for M₃ receptors. Most preferably the muscarinic antagonist in the second composition is darifenacin and pharmaceutically acceptable salts thereof.

The present invention provides for the administering of each of the antagonists separately but as part of the same therapeutic treatment program or regimen, and it is contemplated that separate administration of each compound, at 25 different times and by different routes, will sometimes be recommended. Thus the two components need not necessarily be administered at essentially the same time. In the preferred embodiment the alpha-adrenoceptor antagonist will be given several days prior to initiation of the muscarinic antagonist either daily or "on demand". In another preferred embodiment, administration is timed so that the peak 30 pharmacokinetic effect of the alpha₁-adrenoceptor antagonist precedes the peak pharmacokinetic effect of the muscarinic antagonist. If co-administered separately, it is also preferred that both components be administered in an oral dosage form.

The product may comprise a kit. The kit may comprise a container for containing the separate compositions such as a divided bottle or a divided foil packet,

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wherein each compartment contains a plurality of dosage forms (e.g., tablets) comprising either the alpha,₁-adrenoceptor antagonist or the muscarinic antagonist.

Alternatively, rather than separating the active ingredient-containing dosage forms, the kit may contain separate compartments each of which contains a whole
5 dosage which comprises separate compositions. An example of this type of kit is a blister pack wherein each individual blister contains two tablets, one tablet comprising the alpha-adrenoceptor antagonist, the other comprising the muscarinic antagonist.

Typically the kit comprises directions for the administration of the separate components. Such instructions would cover situations such as:

- 10 i) the dosage form in which the components are administered (e.g. oral and parenteral),
ii) when the component parts of the product are administered at different dosage intervals, or
iii) when titration of the individual components of the combination is desired by
15 the prescribing physician. The container may have deposited thereon a label that describes the contents therein and any appropriate warnings.

An example of such a kit is a so-called blister pack. Blister packs are well known in the packaging industry and are widely used for the packaging of pharmaceutical unit dosage forms such as tablets, capsules, and the like. Blister
20 packs generally consist of a sheet of relatively stiff material covered with a foil of a preferably transparent plastic material. During the packaging process recesses are formed in the plastic foil. The recesses have the size and shape of the tablets or capsules to be packed. Next, the tablets or capsules are placed in the recesses and the sheet of relatively stiff material is sealed against the plastic foil at the face of the
25 foil which is opposite from the direction in which the recesses between the plastic foil and the sheet. Preferably, the strength of the sheet is such that the tablets or capsules can be removed from the blister pack by manually applying pressure on the recesses whereby an opening is formed in the sheet at the place of the recess.

Tablet(s) or capsule(s) can then be removed by means of the opening.

30 It may be desirable to provide a memory aid on the kit, e.g., in the form of numbers next to the tablets or capsules whereby the numbers correspond with the days of the regimen during which the tablets or capsules so specified should be ingested. Another example of such a memory aid is a calendar printed on the card, e.g. as follows "First Week, Monday, Tuesday, ...etc... Second Week, Monday,

Tuesday, . . . ", etc. Other variations of memory aids will be readily apparent. A "daily dose" can be a single tablet or capsule or several pills or capsules to be taken on a given day. Also a daily dose of the first compound can consist of one tablet or capsule while a daily dose of the second compound can consist of several tablets or

5 capsules and vice versa. The memory aid should reflect this.

It is also within the scope of the present invention that both the alpha-adrenoceptor antagonist and the muscarinic antagonist may be present in a single composition. Thus according to a further aspect of the invention, there is provided a pharmaceutical composition containing an alpha-adrenoceptor antagonist, a

10 muscarinic antagonist and a pharmaceutically acceptable carrier.

Suitable alpha-adrenoceptor antagonists include those that are non-selective.

Preferably the alpha-adrenoceptor antagonist is selective for the α_1 receptor. More preferably the alpha-adrenoceptor antagonist is selected from 4-amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-

15 pyridyl)quinazoline, doxazosin, tetrazosin, abanoquil, prazosin and indoramin and pharmaceutically acceptable salts thereof.

Suitable muscarinic antagonists include those that are non-selective.

Preferably the muscarinic antagonist is selected from darifenacin, tolterodine and oxybutynin and pharmaceutically acceptable salts thereof. More preferably the

20 muscarinic antagonist is selective for M_3 receptors. Most preferably the muscarinic antagonist in the second composition is darifenacin and pharmaceutically acceptable salts thereof.

Most preferred is a composition containing a combination of any alpha-adrenoceptor antagonist with darifenacin. Preferred specific combinations include:

25 doxazosin and darifenacin; and 4-amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-pyridyl)quinazoline and darifenacin; and pharmaceutically acceptable salts thereof.

The compositions of the present invention, both those that contain only one component and those that contain both, may be suitable for topical, oral, parenteral or rectal administration. The compositions may be formulated to provide immediate or sustained release of the therapeutic agent. Particularly suitable delayed or sustained release formulations are those disclosed in WO 97/09980.

The compounds of the invention can be administered alone but will generally be administered as an admixture with a suitable pharmaceutical excipient, diluent or

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carrier selected with regard to the intended route of administration and standard pharmaceutical practice.

For example, the compounds of the invention can be administered orally, buccally or sublingually in the form of tablets, capsules, ovules, elixirs, solutions or suspensions, which may contain flavoring or coloring agents, for immediate-, delayed-, modified-, sustained-, pulsed- or controlled-release applications.

Generally, tablets contain various excipients such as microcrystalline cellulose, lactose, sodium citrate, calcium carbonate, dibasic calcium phosphate and glycine, disintegrants such as starch (preferably corn, potato or tapioca starch),
10 sodium starch glycollate, croscarmellose sodium and certain complex silicates, and granulation binders such as polyvinylpyrrolidone, hydroxypropylmethylcellulose (HPMC), hydroxypropylcellulose (HPC), sucrose, gelatin and acacia. Additionally, lubricating agents such as magnesium stearate, stearic acid, glyceryl behenate and talc may be included. Tablets may be manufactured by any standard tablet-making
15 process, for example, direct compression or a wet or dry granulation process. The tablet cores may also be coated with one or more appropriate overcoats.

Solid compositions of a similar type are also employed as fillers in gelatin capsules. Preferred excipients in this regard include lactose, milk sugar, cellulose, starch or high molecular weight polyethylene glycols. For aqueous suspensions
20 and/or elixirs, the compounds of this invention can be combined with various sweetening agents, flavoring agents, coloring agents or dyes, emulsifying agents and/or suspending agents, diluents (e.g., water, ethanol, propylene glycol, glycerin and mixtures thereof) and combinations thereof.

The compounds of the invention can also be administered parenterally, for
25 example, intravenously, intra-arterially, intraperitoneally, intrathecally, intraventricularly, intraurethrally, intrasternally, intracranially, intramuscularly or subcutaneously, or they may be administered by infusion techniques. For such parenteral administration they are best used in the form of a sterile aqueous solution which may contain other substances, for example, enough salts or glucose to make
30 the solution isotonic with blood. If necessary, the aqueous solutions should be suitably buffered (preferably to a pH from 3 to 9). The preparation of suitable parenteral formulations under sterile conditions is readily accomplished by standard pharmaceutical techniques well-known to those skilled in the art.

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- For application topically to the skin, the compounds of the invention can be formulated as a suitable ointment containing the active compound suspended or dissolved in, for example, a mixture with one or more of the following: mineral oil, liquid petrolatum, white petrolatum, propylene glycol, polyoxyethylene or
- 5 polyoxypropylene compound, emulsifying wax and water. Alternatively, they can be formulated as a suitable lotion or cream, suspended or dissolved in, for example, a mixture of one or more of the following: mineral oil, sorbitan monostearate, a polyethylene glycol, liquid paraffin, polysorbate 60, cetyl esters wax, cetearyl alcohol, 2-oxydodecanol, benzyl alcohol and water.
- 10 The alpha-adrenoceptor antagonist and/or the muscarinic antagonist may also be used in combination with a cyclodextrin. Cyclodextrins are known to form inclusion and non-inclusion complexes with drug molecules. Formation of a drug-cyclodextrin complex may modify the solubility, dissolution rate, bioavailability and/or stability property of a drug molecule. Drug-cyclodextrin complexes are generally
- 15 useful for most dosage forms and administration routes. As an alternative to direct complexation with the drug the cyclodextrin may be used as an auxiliary additive, e.g., as a carrier, diluent or solubilizer. Alpha-, beta- and gamma-cyclodextrins are most commonly used and suitable examples are described in WO 91/11172, WO 94/02518 and WO 98/55148.
- 20 Other pharmaceutical components may also be optionally included as part of the combinations useful in this invention so long as they do not interfere or adversely affect the effects of the alpha-adrenoceptor antagonist/muscarinic antagonist combination.
- The exact dose of each component administered will, of course, differ
- 25 depending on the specific components prescribed, on the subject being treated, on the severity of the LUTS, on the manner of administration and on the judgement of the prescribing physician. Thus, because of patient-to-patient variability, the dosages given below are a guideline and the physician may adjust doses of the compounds to achieve the treatment that the physician considers appropriate for the patient, male or
- 30 female. In considering the degree of treatment desired, the physician must balance a variety of factors such as the age of the patient and the presence of other diseases or conditions (e.g. cardiovascular disease). In general, the muscarinic antagonist will be administered in a range of from 0.5 to 200 mg per day, preferably 10 to 125 mg per day, more preferably 25 mg to 100 mg per day. The alpha-adrenoceptor antagonist

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will generally be administered in an amount of from 0.01 mg to 50 mg per day, preferably from 0.5 to 10 mg per day.

- Doxazosin, when in combination, will be administered in the range 0.25 mg to 16 mg per day, preferably 2 mg to 4 mg per day. Tolterodine will be administered
- 5 twice a day in the range 0.2 mg to 2 mg per day, preferably from 0.5 mg to 1 mg per day and darifenacin will be administered in the range 0.5 mg to 5 mg twice a day, preferably 1mg or 2 mg. All weights quoted above refer to the weight of the compounds as the free base.

- Methods of preparing various pharmaceutical compositions with a certain
- 10 amount of active ingredient are known, or will be apparent in light of this disclosure, to those skilled in this art. For examples of methods of preparing pharmaceutical compositions, see, Remington's Pharmaceutical Sciences, Mack Publishing Company, Easter, Pa., 15th Edition (1975).

The invention is further illustrated by the following, non-limiting examples.

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EXAMPLES

Example 1

Immediate release doxazosin tablet:

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<u>Ingredient</u>	<u>%w/w</u>
Doxazosin Mesylate	4.05
Microcrystalline Cellulose	125.28
Lactose	66.67
Sodium Starch Glycollate	2.00
<u>Magnesium stearate</u>	<u>2.00</u>
Total weight	200.00

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The doxazosin mesylate, microcrystalline cellulose, lactose and sodium starch glycollate were blended together, passed through a screen, then blended again. The blend was lubricated with magnesium stearate and compressed using a tablet press. The resulting tablet was then given a film coating.

Example 2

Immediate release darifenacin tablet:

	<u>Ingredient</u>	<u>%w/w</u>
5	Darifenacin hydrobromide	2.976
	Microcrystalline Cellulose	131.024
	Calcium phosphate dibasic	60.000
	Croscarmellose sodium	4.000
	<u>Magnesium stearate</u>	<u>2.000</u>
10	Total weight	200.000

The darifenacin hydrobromide, microcrystalline cellulose, lactose and sodium starch glycollate were blended together, passed through a screen, then blended again. The blend was lubricated with magnesium stearate and compressed using a tablet press. The resulting tablet was then given a film coating.

Example 3

Combination immediate release darifenacin/doxazosin tablet:

	<u>Ingredient</u>	<u>%w/w</u>
20	Doxazosin Mesylate	4.05
	Darifenacin hydrobromide	2.976
	Microcrystalline Cellulose	125.28
	Lactose	63.694
	Sodium Starch Glycollate	2.00
	<u>Magnesium stearate</u>	<u>2.00</u>
25	Total weight	200.00

The doxazosin mesylate, darifenacin hydrobromide, microcrystalline cellulose, lactose and sodium starch glycollate were blended together, passed through a screen, then blended again. The blend was lubricated with magnesium stearate and compressed using a tablet press. The resulting tablet was then given a film coating.

Example 4

Combination immediate release doxazosin /controlled release darifenacin tablet:

	<u>Ingredient</u>	<u>%w/w</u>
5	Doxazosin Mesylate	4.05
	Microcrystalline Cellulose	125.28
	Lactose	66.67
	Sodium Starch Glycollate	2.00
10	Magnesium stearate	4.00
	Darifenacin hydrobromide	17.857
	Methylhydroxypropyl cellulose	114.400
	<u>Calcium phosphate dibasic</u>	<u>65.743</u>
15	Total weight	400.000

- The doxazosin mesylate, microcrystalline cellulose, lactose and sodium starch glycollate were blended together, passed through a screen, then blended again. The blend was then lubricated with magnesium stearate.
- The darifenacin hydrobromide, methylhydroxypropyl cellulose and calcium phosphate dibasic were blended together, passed through a screen, then blended again. The blend was then lubricated with magnesium stearate.
- 20 The individual blends were then compressed on a bi-layer tablet press. The resulting tablet was then given a film coating.

Example 5

Controlled release darifenacin tablet:

	<u>Ingredient</u>	<u>%w/w</u>
25	Darifenacin hydrobromide	17.857
	Methylhydroxypropyl cellulose	114.400
	Calcium phosphate dibasic	65.743
	<u>Magnesium stearate</u>	<u>2.000</u>
	Total weight	200.000

The darifenacin hydrobromide, methylhydroxypropyl cellulose and calcium phosphate dibasic were blended together, passed through a screen, then blended

again. The blend was lubricated with magnesium stearate and compressed using a tablet press. The resulting tablet was then given a film coating.

The individual components of a combination of an alpha-adrenoceptor antagonist and a muscarinic antagonist can be tested *in vivo* in an anaesthetized

- 5 beagle dog model (see, Kenny, *et al.*, *Urol.* **44**, 52-57 (1994) in which urethral pressure and/or bladder function are measured. However, the unexpected advantage of the combination can only be determined, and thus becomes apparent, on evaluation of symptoms, an assessment that can only be carried out in man.

The combination of an alpha-adrenoceptor antagonist and a muscarinic
10 antagonist can be tested clinically, typically orally, in humans. Each component is administered singly at different times to a population of male patients, each component being administered in conjunction with the International Prostate Symptom Score (IPSS) questionnaire (see, Barry, *et al.*, *J. Urol.*, **148**, 1549-1563 (1992)) which evaluated patient satisfaction. By administering each component
15 singly, it is meant that one component is administered, followed at a later time by the second component after having allowed an appropriate time for washout of the first component. After the washout period for each component administered singly, the components are co-administered in a manner such that both components co-operate pharmacokinetically, preferably such that fully effective drug plasma levels of both
20 agents will be obtained. Co-administration is evaluated according to IPSS questionnaires mentioned above, thereby providing a basis for comparison of the effects of co-administration with that for each single administration. The efficacy of the present invention is demonstrated by the results of the IPSS questionnaire.

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